

# DAYBREAK

*The Adult Day Center Newsletter*

2500 North Reynolds Road, Toledo, OH 43615  
Day Center Hours of Operation 7:30 to 5:30 M-F  
P: (419) 720-4940 F: (419) 720-4941  
[www.memorylanecareservices.org](http://www.memorylanecareservices.org)

FACEBOOK: [www.facebook.com/MemoryLaneCare/](http://www.facebook.com/MemoryLaneCare/)  
INSTAGRAM: [memorylane\\_care\\_services](https://www.instagram.com/memorylane_care_services)  
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***Dancing through the April Showers...*** “April showers (and some pretty high winds lately!) bring May flowers,” and April is also a big month for the art of dance!

MemoryLane day center participants will be taking in a lot of dance history and also dancing quite a bit themselves this month, with special events and random dance parties scattered throughout the activities this month.

Beginning with **April 11<sup>th</sup>**, which is the **71<sup>st</sup> anniversary of the beloved movie musical, “Singing in the Rain.”** The movie is not just an upbeat musical from 1952. It’s also a history lesson about Hollywood in the late 1920s, when silent pictures were giving way to talkies. We will watch some of the amazing dances from the film and learn some of the behind-the-scenes trivia.

**National Dance Week** is an annual celebration of dance that takes place from **April 14<sup>th</sup> to 23<sup>rd</sup>** this year. Do you know that dance was an important part of the oral and performance methods of passing down stories from one generation to the next, before the invention of written languages? The week is specially set aside to spread the delight and joys of dancing, and to create awareness about its impact and benefits.

**International Dance Day** is a global celebration of dance, created by the Dance Committee of the International Theatre Institute (ITI), the main partner for the performing arts of UNESCO. The event takes place every year on **April 29<sup>th</sup>**, which is the anniversary of the birth of Jean-Georges Noverre (1727–1810), the creator of modern ballet. The day strives to encourage participation and education in dance through events and festivals held on the date all over the world.

April is also a month to recognize volunteers with “**National Volunteer Week**,” which is **April 16<sup>th</sup> to April 22<sup>nd</sup>**. MemoryLane is so honored to have many wonderful volunteers currently assisting us in the day center, at our front desk, and throughout our organization, making the MemoryLane experience richer by bringing their special talents and their desire to give and help others. **THANK YOU TO ALL OUR VOLUNTEERS!**

**April will also feature some of our favorite special guests...** Paws & Whiskers will be visiting the morning of April 12<sup>th</sup>, Alan Seibert will be playing & singing for us on Tuesday, April 18<sup>th</sup>, Rosie Best & Issue Box Theatre will build stories with us on the afternoon of April 19<sup>th</sup>, and we’ll have stories read to us by Librarian Heidi on the afternoon of April 20<sup>th</sup>. Mark your calendars for these extra special activities!

**A special thank you to MemoryLane day center participant Janet Buntain-Funk and her family for arranging to have the piano in our day center tuned!** Janet is a wonderful pianist, from a family of talented musicians, and we are so grateful that Janet now has a tuned piano through which she can share her musical gifts with everyone in the center. Thank you, Janet!

As always, please do not hesitate to reach out with any feedback - Our participants and their caregivers are the heart of MemoryLane Care Services, and you are the reason we do what we do... **THANK YOU!**

Allison Kodeih

Assistant Activities Director

# PLEASE JOIN US for Caregiver Education!

From the Jim Yark Family Conference Room at MemoryLane Care Services



## **(Virtual) Caregiver Coffee with MemoryLane Staff**

Would you like to talk with other caregivers about their experiences?  
Join us for a (virtual) coffee **every Wednesday at 2 pm**  
Learn from others who face the same challenges. Share insights, advice, and encouragement.

- Join by videoconference or phone**
- April 5 – Open discussion/Caregiver Tips**
- April 12 – Sundowning: What It Is, What To Do About It**
- April 19 – Easy Exercises for Older People**
- April 26 – Home Safety Tips**



## **In-Person or Virtual – your choice at MemoryLane Care Services**

2500 N. Reynolds Rd., Toledo, Ohio

### **When Families Change: New Roles & Responsibilities in Caregiving**

**Thursday, April 13 – 6:00 to 7:30 p.m.**

Caregiving changes everything. We will look at how family roles change from the point of view of both the family caregiver and the person receiving support. Do I really become my mother's mother? How am I to act if I become dependent on my adult child? How does aging itself affect communication? Some simple practical tips to purposefully strengthen connections will be shared.



Enroll online <https://memorylanecareservices.org/events/>  
or contact MemoryLane Care Services  
419-720-4940 or [cconley@memorylanecare.org](mailto:cconley@memorylanecare.org)

**Programs are partially supported by the  
Area Office on Aging of Northwestern Ohio Caregiver Support Program,  
and Yark Automotive Group**

**We have a supply of donated adult briefs  
to give to interested families.  
Tabbed briefs and pull-ups.**

**If you are interested,  
Call MemoryLane Care Services at 419-720-4940**

# April Activities

Monday	Tuesday	Wednesday	Thursday	Friday
3 10:30 Urban Myths 11:00 Exercise with Anya 1:00 Bingo with Kenny and Janis 2:00 Team Games with Emma and Pat 3:30 Who Are We? Radio City Rockets with Anya 4:15 Music and Dancing with Pat	4 10:30 Never Have I Ever with Kenny 11:00 Exercise with Anya 1:00 Horse Racing with Kenny 1:00 Fact or Foolery with Janis 2:00 Team Games with Rosie and Anya 3:30 Caring Cards with Emma 4:15 Easter Candy Personality Test with Rosie	5 10:30 Strengthen Your Mind with Kenny 11:00 Exercise with Anya 1:00 Types of Dances with Janis 1:00 Table Games with Kenny 2:00 Team Games with Rosie and Emma 3:30 Family Charades with Anya 4:15 Pictionary with Emma	6 10:30 Penny Ante with Kenny 11:00 Exercise with Rosie 1:00 Bingo with Kenny and Emma 2:00 Team Games with Pat and Emma 3:30 Around the Home Lotto with Pat 4:15 Passover True or False with Anya	7 10:30 Old Saying with Kenny 11:00 Exercise/Emma 1:00 Games with Kenny 1:00 Reading with Rosie/ Garden Room 3:30 Team Games with Pat and Viola 4:15 Music and Dancing with Pat
10 10:30 Old Sayings with Kenny 11:00 Exercise/ Anya 1:00 Bingo with Kenny and Janis 2:00 Team Games with Pat 3:30 Caring Cards/Sharing Stories with Anya 4:15 Music and Dancing with Pat	11 10:30 Never Have I Ever with Kenny 11:00 Exercise with Anya 1:00 Table Games with Kenny 1:00 Weather or Dance with Janis 2:00 Team Games with Rosie and Anya 3:30 Weather or Not with Rosie 4:15 Apollo 13-Houston We've Had a Problem with Rosie	12 10:30 Old Sayings/ Kenny 10:30 Paws and Whiskers Visit 11:00 Exercise with Rosie 1:00 Table Games with Kenny 1:00 Kitchen Trivia/April Easy Does It Trivia with Janis 2:00 Team Games/ Anya 3:30 What's Your Preference with Anya 4:15 An Earthly Game of Family Feud with Rosie	13 10:30 Penny Ante with Kenny 11:00 Exercise with Rosie 1:00 Bingo with Kenny 2:00 Team Games with Pat and Anya 3:30 Red or Black with Pat 4:15 Charades with Anya	14 10:30 Everyday Life Trivia with Kenny 11:00 Exercise/Viola 1:00 Table Games/ Kenny 1:00 Reading with Rosie/Garden Room 3:30 Team Games with Pat and Viola 4:15 Music and Dancing with Pat
17 10:30 Urban Myths with Kenny 11:00 Exercise with Anya 1:00 Bingo with Kenny and Janis 2:00 Team Games with Pat 3:30 What's Your Preference with Anya 4:15 Music and Dancing with Pat	18 10:30 Never Have I Ever with Kenny 11:00 Exercise with Anya 1:00 Music with Alan Siebert 2:00 Team Games with Rosie and Anya 3:30 Caring Cards 4:15 Name Ten with Rosie	19 10:30 Strengthen Your Mind with Kenny 11:00 Exercise with Rosie 1:00 Rosie Best Issue Box Theatre 2:00 Team Games with Rosie 3:30 Family Charades with Anya 4:15 Pictionary with Anya	20 10:30 Penny Ante with Kenny 11:00 Exercise with Rosie 1:00 Bingo with Kenny 2:00 Stories with Heidi/Toledo Library 3:30 Zingo with Pat 4:15 Unique Endangered Animals with Anya	21 10:30 Old Sayings with Kenny 11:00 Exercise/Viola 1:00 Table Games with Kenny 1:00 Reading with Rosie/ Garden Room 3:30 Team Games with Pat and Viola 4:15 Music /Dancing with Pat
24 10:30 Old Sayings with Kenny 11:00 Exercise with Anya 1:00 Bingo with Kenny and Janis 2:00 Team Games with Pat 3:30 Caring Cards/ Sharing Stories with Anya 4:15 Music and Dancing with Pat	25 10:30 Never Have I Ever with Kenny 11:00 Exercise with Anya 1:00 Horse Racing with Kenny 1:00 Bunco with Janis 2:00 Team Games with Rosie and Anya 3:30 Old Sayings 4:15 A List of Compliments That Will Make You Smile with Rosie	26 10:30 Old Sayings with Kenny 11:00 Exercise with Rosie 1:00 Spring Fashion Show with Kenny and Janis 2:00 Team Games with Rosie 3:30 Family Charades with Anya 4:15 Forest Funnies with Anya	27 10:30 Penny Ante with Kenny 11:00 Exercise with Rosie 1:00 Bingo with Kenny 2:00 Team Games with Pat and Anya 3:30 Around the Home Lotto with Pat 4:15 Remembering Pets with Anya	28 10:30 Everyday Life Trivia with Kenny 11:00 Exercise with Viola 1:00 Table Games with Kenny 1:00 Reading with Rosie/ Garden Room 3:30 Team Games with Pat and Viola 4:15 Music and Dancing/Pat

# April Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Salisbury Beef Brown Gravy Buttermilk Potatoes Green Beans w/Tomato/Onions Wheat Bread Fresh Fruit Milk Margarine Diet Same</p>	<p>Cheese Omelet Oven Roasted Potatoes Orange Juice Biscuit Hot Cinnamon Applesauce Milk Margarine Assorted Jelly Diet-Hot Cinnamon Applesauce</p>	<p>Turkey Breast with Gravy Macaroni and Cheese Garden Vegetables Multi-Grain Bread Fruited Gelatin Milk Margarine Diet-Fruited Gelatin</p>	<p>Easter Meal Glazed Ham Baked Sweet Potato Green Bean Casserole Wheat Roll Coconut Cake w/White Frosting Milk Margarine Diet-Angel Food Cake</p>	<p>Beef Spaghetti Casserole Green Peas Whole Kernal Corn Texas Bread Sugar Cookie Milk Margarine Diet-Graham Crackers</p>
10	11	12	13	14
<p>Meat Loaf Brown Gravy Whipped Potatoes Mixed Vegetables Multi-Grain Bread Fresh Fruit Milk Margarine Diet-Same</p>	<p>Chicken Parmesan Baked Potato Broccoli Wheat Bread Strawberry Cake Milk Margarine Diet Angel Food Cake</p>	<p>Chicken with Onions and Peppers Oven Roasted Potatoes Sauerkraut Hot Dog Bun Fresh Banana Milk Margarine Diet-Same</p>	<p>Chicken Noodle Casserole Parslied Carrots Green Peas Wheat Bread Oatmeal Raisin Cookie Milk Margarine Diet-Vanilla Wafers</p>	<p>Meat Bow Tie Pasta Whole Kernel Corn Tossed Salad Wheat Bread Peach Cobbler Milk Margarine Ranch Salad Dressing Diet-Hot Spiced Peaches</p>
17	18	19	20	21
<p>Honey Mustard Chicken Buttermilk Potatoes Green Peas Wheat Bread Fresh Fruit Milk Margarine Diet-Same</p>	<p>Hamburger Patty Crispy Cubed Potatoes Whole Kernel Corn Hamburger Bun Fresh Fruit Milk Margarine Diet-Same</p>	<p>Lemon Pepper Chicken Mixed Vegetables Brussel Sprouts Multi-Grain Bread Pineapple Tidbits Milk Margarine Diet-Same</p>	<p>Pork with Supreme Sauce Whipped Potatoes Sliced Carrots Wheat Bread Birthday Cake Milk Margarine Diet-Angel Food Cake</p>	<p>Macaroni and Cheese Stewed Tomatoes Spinach Corn Bread Fresh Fruit Milk Margarine Diet-Same</p>
24	25	26	27	28
<p>Pineapple Glazed Chicken Cheesy Whipped Potatoes Brussel Sprouts Wheat Bread Fresh Fruit Milk Margarine Diet-Same</p>	<p>Chicken and Rice Casserole Sliced Carrots Winter Vegetables Dinner Roll Brownie Milk Margarine Diet-Graham Crackers</p>	<p>Taco Pie Mexican Rice Stewed Tomatoes Flour Tortilla Fresh Fruit Milk Margarine Diet-Same</p>	<p>Glazed Ham Baked Sweet Potato Tossed Salad Multi Grain Bread Apple Cobbler Milk Ranch Salad Dressing Margarine Diet-Hot Apple Slices</p>	<p>Pork Roast Garden Rotini Cabbage Wheat Roll Pineapple Tidbits Milk Margarine Diet-Angel Food Cake</p>

# PLEASE SUPPORT OUR ADULT DAY CENTER

MemoryLane Care Services is a not-for-profit, charitable organization. When you choose to donate to MemoryLane Care Services, you support our adult day center program, caregiver education programs, and care coaching and counseling services. We need your support – generous donations keep our Center open!

There are many easy ways to give:



Sign up for Kroger Community Rewards and a percentage of your everyday purchases will help support our organization. For those of you who have not already signed up, search for: Alzheimer's and Dementia Care Services NW Ohio or search by account # EA388.



Does your employer have a charitable giving program or matching gift program?

Please consider asking your employer to support MemoryLane Care Services. If additional information is needed, please contact Salli Bollin, [sbollin@memorylanecare.org](mailto:sbollin@memorylanecare.org)



- Three-hole punch
- Postage Stamps
- Bird Seed
- Individually wrapped candy (regular and sugar free)
- Copy paper
- 50" or larger Flat Screen TV for the Adult Day Center

**THANK YOU FOR YOUR GENEROUS SUPPORT  
100% OF ALL FUNDS RAISED REMAIN IN OUR LOCAL COMMUNITY!!**

MemoryLane Care Services partially supported by:

